

## SPRING EPHEMERALS AND THEIR PLACE IN THE SUN

### Recommended Resources

Buhner, Stephen Harrod, *Sacred Plant Medicine: The Wisdom in Native American Herbalism*. Bear & Co., 2006.

Cohen, Kenneth, *Honoring the Medicine: The Essential Guide to Native American Healing*. Ballantine, 2006.

Cullina, William, *Growing and Propagating Wildflowers*. Houghton Mifflin, 2000.

Cullina, William, *Native Trees, Shrubs, & Vines: A Guide to Using, Growing, and Propagating North American Woody Plants*. Houghton Mifflin, 2002.

Densmore, Frances, *Strength of the Earth: The Classic Guide to Ojibwe Uses of Native Plants*. Minnesota Historical Society, 2005.

Garrett, J. T., *The Cherokee Herbal: Native Plant Medicine from the Four Directions*. Bear & Co., 2003.

Geniusz, Mary Sissip, *Plants Have So Much to Give Us, All We Have To Do Is Ask: Anishinaabe Botanical Teachings*. Univ. of Minnesota Press, 2015.

Gilmore, Melvin R., *Prairie Smoke*. Minnesota Historical Society, 1987.

Kimmerer, Robin Wall, *Braiding Sweetgrass*. Milkweed, 2020 (new edition).

Macfarlane, Robert, and Jackie Morris, *The Lost Spells*. Anansi, 2020.

Meadows, Kenneth, *Earth Medicine: Revealing Hidden Teachings of the Native American Medicine Wheel*. Element, 1996.

Moerman, Daniel, *Native American Ethnobotany*. Timber Press, 1998.

Peat, F. David, *Lighting the Seventh Fire: The Spiritual Ways, Healing, and Science of the Native American*. Birch Lane Press, 1994.

Peterson, Lee Allen, *Edible Wild Plants: Eastern/Central North America*. Houghton Mifflin, 1977.

Rose, Lisa M., *Midwest Medicinal Plants*. Timber Press, 2017.

Runkel, Sylvan T., and Alvin F. Bull, *Wildflowers of Iowa Woodlands*. Iowa State Univ. Press, 1987.

Wood, Matthew, *The Book of Herbal Wisdom: Using Plants as Medicines*. North Atlantic, 1997.

Tom Small, March 2021  
yard2prairy@gmail.com